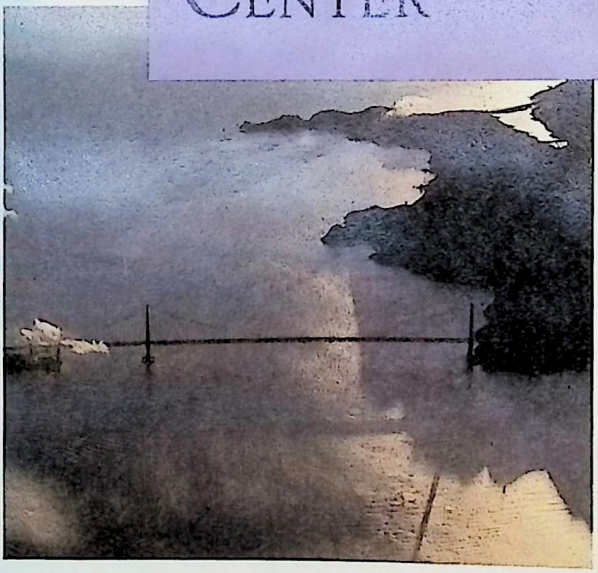
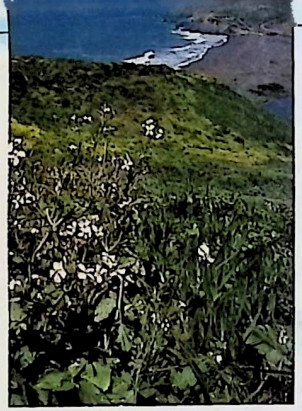
# Headlands Institute Conference Center



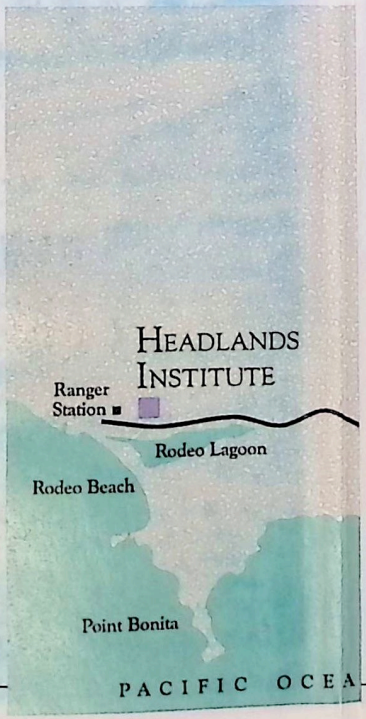


## Headlands Institute Conference Center

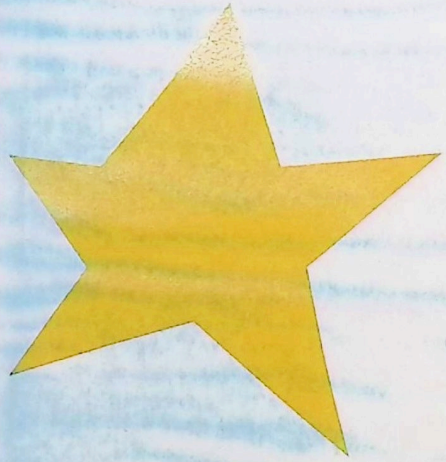
The Headlands Institute, a member of Yosemite National Institutes, is a private, non-profit organization whose primary role is planning and conducting environmental education courses at the Marin Headlands in the Golden Gate National Recreation Area near San Francisco. Additionally, the Headlands Institute serves as a unique conference center for groups seeking a quiet, relaxed setting for meetings, seminars, training sessions and retreats. Just 20 minutes north of San Francisco, we are located on the seashore at Fort Cronkhite in Marin County. We are surrounded by 140,000 acres of coastal Park lands from the Golden Gate Bridge to Point Reyes National Seashore. Our meeting and conference facilities are available for both day and overnight use, with congenial accommodations and wholesome meals for up to 150 people.

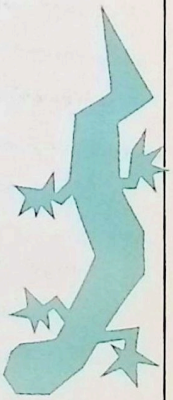
## Meeting Facilities

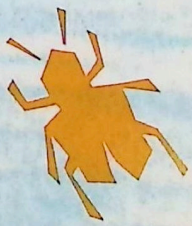
The Institute offers three meeting rooms—the largest accommodates 100-150 people, the other 30-100, and the smallest 15-30 people. Two rooms are carpeted and one has a wood-burning fireplace. Excellent sites exist for outdoor gatherings and activities.




# Headlands Institute







## A Unique Environment

Headlands Institute is located on the Marin County peninsula, where the Pacific Ocean meets the San Francisco Bay. In this uniquely beautiful corner of the world lies the Golden Gate National Recreation Area, San Francisco's wilderness next door.

The campus is ideally situated for the study of marine and coastal ecology. Within minutes, one can explore the ocean or bay, or a variety of sparkling streams, ponds and a brackish lagoon.

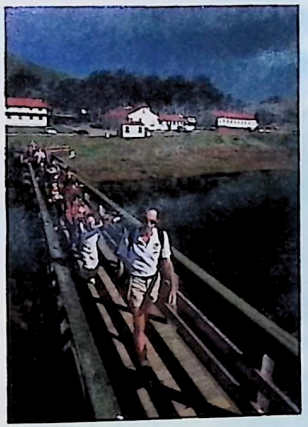
The lay of the land is equally diverse. From the rocky shoreline to wind-swept sea cliffs and beyond to wildflower-studded coastal prairies and cool, sheltered woods, Headlands Institute offers a richly-varied natural backdrop for exploring a variety of ecosystems.

While the focus of Headlands Institute is on outdoor-based studies and activities, the campus is well appointed for classroom and laboratory sessions. The CoastLab offers meeting and classrooms and a fully equipped laboratory, as well as the Discovery Room where, in keeping with the Institute's commitment to experiential education, science is brought to life with models, simulations and interactive exhibits.

## A Special Learning Experience

The special experience of Headlands Institute is best expressed in the Residential Field Science Program. These one to five day programs are designed to take full advantage of the natural and academic resources of the Headlands.

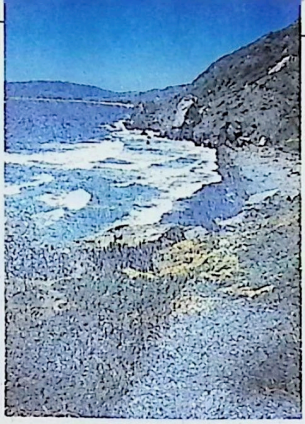
Our staff works with participants to design a specific program that will complement classroom curricula. The many courses, programs and activities we offer ensure that there is material to fit every teacher's needs, or we can work with teachers to design new courses to meet special requirements.



## Introduction

At Headlands Institute, we offer a unique Residential Field Science Program. We bring students and adults outdoors, where nature in all its diversity, wonder and beauty can be studied, and where our relationship to nature can be explored firsthand. The special experience of Headlands Institute continues in our learning programs, which are carefully designed to be educationally comprehensive, exciting, and fun!

Headlands Institute is a member of Yosemite National Institutes, an award-winning, private educational institution founded in 1971.



## Educational And Recreational Offerings

If you would like to incorporate an educational component as part of your program, resident instructor/naturalists are available to lead your group on specialized trips such as beach exploration or hiking on the Headlands trails. There is a volleyball and basketball court to complement your recreational plans.

## Logistics

Our lodging, meal and meeting room rates are specified on the enclosed flyer. To keep these rates at such an affordable level, groups participate in most of the "housekeeping" chores, including dining hall and kitchen clean-up (there is an option to pay for this service), and prior to departure, clean-up of the dorms and meeting spaces that the group has used.

You are invited to visit the Headlands campus, tour the facilities, and discover how we might best meet your needs. To request further information, inquire about available dates, or to arrange a site visit, contact our Director of Sales, Headlands Conference Center.

Headlands Institute
Golden Gate National
Recreation Area
Sausalito, California 94965
Phone: 415 332-5771

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# IS THE BEST OF BOTH WORLDS THAT FAR AWAY?

# NO. — IT'S AT THE HEADLANDS INSTITUTE CONFERENCE CENTER

- 15 minutes North of San Francisco
- Beautiful, private, beach setting in the Golden Gate National Recration Area
- Free Parking
- 4 comfortable meeting rooms & overnight accomodations
- Great Food
- Reasonable Rates

## MEALS

Our new chef has greatly improved the food services since coming to the Headlands Institute in June of 1989. He is a graduate of the California Culinary Academy and has cooked at some of the finest establishments in the bay area including the restaurant at Domaine Chandon in the Napa Valley and the Blue Fox restaurant in San Francisco. He and his crew take pleasure in providing fresh and delicious meals tailored to your groups needs. We can offer a wide variety of menus and services to help make your stay at the Headlands more enjoyable and successful.

## CONFERENCE ROOMS

The Institute now has four conference rooms accommodating from 10 to 150 people. Two have exquisite views of Rodeo Lagoon and the Pacific Ocean, while two others look out to the coastal hills of the Golden Gate National Recreation Area. Rooms can fulfill the needs of the more casual retreat, or be arranged for a more professional or formal event.

## SOMETHING EXTRA . . . . . .

Make your conference or retreat even more memorable by taking advantage of the Headlands Institute's award winning teaching expertise and the Institute's location in a rich and diverse marine coastal habitat. Incorporating a few hours of hiking and natural history into your schedule serves not only as a nice break, but often the inspiration and excitement that leads to an even more successful and productive weekend. Institute instructors are available to lead your group on a fun and exciting exploration of the Marin Headlands for a few hours or an entire weekend. If complimentary to your program, introductory games, team building games, and cooperative problem solving activities can be incorporated into your hike.

**TIDEPOOLING:** Start this trip with a walk along Rodeo Beach and the cliffs overlooking the Pacific Ocean. You will explore secluded coves where you will see giant green anenomes, sea stars, hermit and lined shore crabs, harbor seals and more.

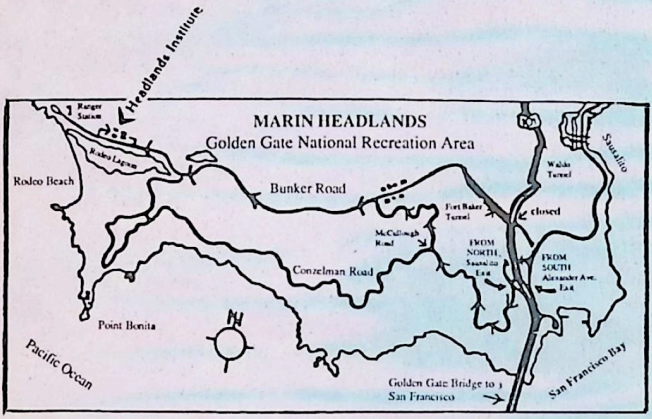
**EARLY MORNING BIRD WALK:** Rise and Shine! A walk along the shores of Rodeo Lagoon provides comfortable viewing of the multitude of local and migrating waterfowl that inhabit the lagoon. Brown pelicans, great blue herons, snowy egrets, kingfishers, and cormorants are just a few of the birds you might see, hear, and learn about. Bird book and binoculars provided for your walk.

**SEASONAL HIKES:** Each season offers its own distinctive mood as well as a unique set of birds, plants, and animals. **WINTER** rains grow a carpet of fresh green grass and early spring wild flowers on our hillsides. Learn about the importance of Rodeo Lagoon to wintering ducks from the North. Some winters even boast the rare and colorful Harlequin duck as a temporary resident. In the **SPRING** spend some time wandering through fields of wild flowers. Learn their names, growth patterns, and traditional medicinal uses. Or, you may want to wander along the beach while looking out for the Grey Whales that come close to shore on their way north for the summer. **SUMMER** is the time when hundreds of the endangered California Brown Pelicans return from their breeding ground in the south. **FALL** at the Headlands offers some of the best raptor observation in California. See red tailed hawks, falcons, young golden eagles, turkey vultures, and ospreys as they soar over the area's highest point, Hawk Hill. While you are up there, enjoy the sunshine and one of the most magnificent views of San Francisco and the Golden Gate.

These are just a few of the many educational hikes and walks you might take. Some other examples are pond studies, full moon walks, or cultural history tours. Our staff is creative and flexible and would be especially happy to work with you on a program of interest to you. If you or your group has a particular interest or an idea for how this might be incorporated into your program please call and discuss it with us.

# GETTING THERE - A NEW MAP

The Fort Baker Tunnel into the G.G.N.R.A. has been **CLOSED**. Please look at the map and directions below if you are *not* familiar with the alternate route.




**HEADING NORTH ON 101:**

Cross the Golden Gate Bridge and take the first exit after the bridge (Alexander Ave.). As you exit, stay to your left and go back under highway 101. Just before getting back on 101 southbound there is a road to your right (heading uphill) with signs announcing your entrance into the G.G.N.R.A. Take this road (Conzelman Road) up the hill until the road forks. Go right at the fork (McCullough Road). Go down McCullough road all the way to the bottom. At the bottom go left on Bunker Road and follow this straight out towards Rodeo Lagoon and Rodeo Beach (about 2 miles). As you approach Rodeo Lagoon the Headlands Institute will be on your right just before you get to the beach.

**HEADING SOUTH ON 101**

Take the SECOND Sausalito exit (just before the Golden Gate Bridge). At the stop sign take a left and then the first right (Conzelman Road) before the entrance back onto 101 southbound. From here follow the above direction.

# Winter & Holiday Reduced Rates

During winter weekends, December 1st - February 28th, and on the following Holidays we will be offering a **10% discount** from our regular rates.

**HOLIDAY WEEKENDS:**

- LABOR DAY WEEKEND
- MEMORIAL DAY WEEKEND
- THANKSGIVING WEEKEND
- FOURTH OF JULY WEEKEND

Call now for available dates

# RATE INFORMATION

## LODGING ACCOMMODATIONS

| | | |
|---|---|---|
| Dormitory | $9.50 | per night |
| Semi Private Rooms (10 rooms) | $42.00 | per night |
| Linen Set-up (Towels not included) | $7.75 | per set |

## CONFERENCE SPACE

| | | | |
|---|---|---|---|
| Large Conference Room | (100-150 people) | $210.00 | per day |
| Coast Room | (up to 100 people) | $205.00 | per day |
| Rodeo Room | (25-20 people) | $120.00 | per day |
| Class Room | (10-20 people) | $105.00 | per day |

There is *no charge* for meeting space to groups contracting for *both* overnight accommodations *and* meals.

## MEALS AND SNACKS

| | | |
|---|---|---|
| Breakfast | $6.00 | per person |
| Lunch | $6.50 | per person |
| Dinner | $8.75 | per person |
| * Cleanup charge | $1.00 | per person per meal |
| Coffee/tea set-up | $1.25 | per person |
| Pastries, muffins, cheese & crackers, chips, vegetables, and dip | $1.75 | per person |
| Fresh fruit | $1.50 | per person |
| Fruit juice | $1.25 | per person |
| Soda/Calistoga | $1.65 | per person |
| Campfire wood | $10.00 | per night |

* Cleanup charge is optional. Groups not wanting to pay for cleanup will participate in kitchen and dining room cleanup.
• Add 6% sales tax to all food service costs listed above.

## NATURALISTS

| | |
|---|---|
| Day Hike (1-4 hours) | $70.00 |
| Evening Program | $50.00 |

Please contact the Community Services Manager for more information regarding minimum group size and exclusive use of the facility.

**Prices subject to change**

HEADLANDS INSTITUTE

Conference Center

HEADLANDS
INSTITUTE

EDUCATIONAL ADVENTURES
IN NATURE'S CLASSROOM

GOLDEN GATE NATIONAL
RECREATION AREA
SAUSALITO, CA 94965
415 332-5771

Dear Meeting Planner:

The purpose of this letter is to introduce you to the Headlands Institute, and the Headlands Institute Conference Center. The Headlands Institute is a private, non-profit, environmental education organization established in 1978. In addition to offering a variety of educational programs, we also rent our facility as a conference center.

Located 15 minutes from San Francisco in the spectacular Golden Gate National Recreation Area, we have a beautiful ocean view and easy access to the beach and hiking trails of the Marin Headlands. Our site serves as a unique conference center for groups seeking a quiet, private and relaxed setting for meetings, seminars and retreats.

We offer:

* Beautiful Beach Location
* Excellent Food
* Inexpensive Overnight Accommodations
* Comfortable Conference Facilities
* Ample Free Parking
* Many Recreational Opportunities

The Conference center is open year round on the weekends (Friday - Sunday) and during the week in the summers.

We would be pleased to accommodate your group. If you would like to come out for a visit or if you have any further questions about our conference facility, please call me. If you can recommend anyone in need of our services please let me know or pass this information on to them.

I look forward to hearing from you.

Yours very truly,

Kate Bickert

Kate Bickert
Community Services Coordinator